



## **Braingystics guidelines for affiliated practitioners and organizations**

According to Dr. Peter Marois of International Congress on Hyperbaric Medicine, the use of mild hyperbaric oxygen therapy (mHBOT) “increases the amount of oxygen dissolved in body tissue by more than 50%.” This increased level of oxygen brings a host of health benefits to occur. As such, mHBOT is used in conjunction with other forms of treatment, and it forms a part of the total medical care regimen. Following the best practice guidelines given below will maximize the potential benefits of this type of treatment modality.

- There are no scientific facts that support a specific treatment protocol for certain degenerative health conditions. However, 40-80 dive range is the generally accepted protocol among the mHBOT community, keeping in mind the severity of disease. The premise is that the more severe the clinical presentation of the disease becomes, the more likely the patient will need treatments in a prolonged length of time.
- Best results have been demonstrated through daily and twice daily treatment with four hours in between as it is believed that stem cell activity will not be supported beyond a five-day lapse in treatment.
- Mild hyperbaric oxygen therapy is approved to treat acute mountain sickness only; it is labeled “off-label” for everything else. There are a lot more investigational and experimental research being conducted currently. Additionally, the application for the use mHBOT in the international mHBOT community is much more expansive as compared here in the US. The use of low pressure hyperbaric looks very promising in the near future.
- Frequency is key. There is much debate on what pressure and level of oxygen purity will optimize mHBOT treatment modality. According to 25 years of scientific studies, frequency of dives is more important than the rest.
- Braingystics will waive the monthly membership fee for a patient from support groups/organizational body/health care practitioner who are affiliated with us. We require the patient to show us dated evidence in print (could be a prescription or on a letter head) of association with the support group/organization or practitioner. This is valid only for 30 days. In order to renew the discounted rate, the same patient/client will need to show renewed dated evidence.
- Please use the Braingystics intake form to ensure safety of all patients/clients.
- Keeping these guidelines in mind will bring the most benefit for your patients/clients.
- We have home care, rental, lease to own, and buying a chamber options available. We have reseller rights from our chamber manufacturer, but for someone to own or rent a chamber we require a prescription from them.

Ask the front desk or our technician about gift certificates.

Check iHyperbarics.com on how to own or rent a chamber.

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